

What are My Strengths?

Student Workbook # 42



Read through the list of character traits below. Pick three character traits that apply to you. Then identify three traits for each member of your team.

adventurous	dependable	imaginative
affectionate	determined	kind
bold	encouraging	leader
brainy	energetic	loyal
brave	excited	mature
bright	fair	polite
busy	faithful	peaceful
calm	fearless	positive
careful	friendly	quiet
charming	funny	religious
cheerful	gentle	responsible
clever	giving	serious
compassionate	good	shy
confident	grateful	skillful
considerate	happy	smart
cooperative	hard-working	sweet
courageous	helpful	thankful
creative	honest	thoughtful
curious	hopeful	wise

Three traits that describe me: _____

Three traits my teammates say I have _____, _____, _____

Three traits that describe my team members:

Team member # 1 _____

Team member # 2 _____

Team member # 3 _____

Team member # 4 _____
